

[From Being Humans Used by the Deities to Being Deities Who Work Together with the Deities]

◎ The Transition from Humans Used by the Deities to Deities Who Work Together with Them

We, who have been practicing the 'Prayer for World Peace, seeing all as a fading-away form,' spent our days, until partway through the 1990s, mindful of such things as 'being vessels used by the Deities' and 'entrusting all our thoughts to the Guardian Deities and Spirits and living with a heart of total entrustment.'

Then, in the mid-1990s, the 'Truth of I am God, Humanity is God' was brought down, and soon afterward the 'Shinjin Cultivation Program' began. Since then, over the roughly thirty years up to the present day, we have deepened our awareness as Deities living in the flesh, and have come to recognize, as a matter of course, our awareness as 'Shinjin of the physical world (members of the Deities)' who work together with the Deities of heaven and the host of Cosmic Angels.

In realms that cannot be perceived by the five senses of the physical body, we are already, at all times, working together with the Deities of heaven and all the Angels. We can glean this from the following words of Goi-sensei.

「The world peace movement through prayer is a true peace movement, carried out by the Deities of heaven, the Cosmic Angels, and awakened comrades of the physical world becoming a trinity as one.」

◎ The Path of Evolving What We Take for Granted

However, those who are convinced that they 'cannot believe' this fact do not have the felt sense and bodily experience of 'working together with the Deities and the host of Angels.' This resembles the 'self-recognition regarding the clapping of hands' that lecturers perform during purification.

We can see its essence in what Goi-sensei once told former President Segi. He said, in effect: 'When you clap your hands—that is, as a prior frame of mind, "when I bring my right and left hands together and clap"—you should think, as a matter of course, that "light is shining forth." If you yourself do not think that "light is shining forth," there is no way that light could shine forth.'

What this means is that what we now acknowledge as a matter of course is precisely the driving force that moves our destiny. If you want to believe the fact that you are working together with the Deities but cannot fully believe it, you are at a stage prior to 'being vessels used by the Deities' and 'entrusting all your thoughts to the Guardian Deities and Spirits and living with a heart of total entrustment,' which were written at the beginning.

That is the period during which, believing that 'I am originally a child of God (a divided spirit), so the nature of God is precisely my true nature,' one begins to practice manifesting divine thoughts, words, and deeds, deepens one's confidence through an accumulation of small successful experiences, and enters roughly the stage of conviction. The way of living that entrusts everything to the Guardian Deities and Spirits (total entrustment) comes as the next

stage.

© **The Hop-Step-Jump of 'Confidence → Conviction → Recognition as a Matter of Course'**

Although the actual path differs from person to person, broadly speaking the path can be put into words as follows.

Passing through 'the stage of holding confidence' in order to believe in and acknowledge one's own divinity as a matter of course, one deepens the recognition of 'I am God, Humanity is God.' Then, once one can feel confident in this recognition of divinity, one enters 'the stage of perfecting conviction.' There, through total entrustment to the Guardian Deities and Spirits, one aims for unity with one's Guardian Spirits and Guardian Deities and manifests the nature of the Deities within oneself. Once that becomes a matter of course, one enters 'the stage of recognizing divinity as a matter of course,' living together with the Guardian Deities and Spirits. Such is the sequence.

Viewed realistically, we are the descendants of the Universal Deities. The Universal Deities, who are the ancestors of our life, are the descendants of the Source God born from the Universal God. This means that we, too, are descendants of the Universal God. However, while repeating cycles of reincarnation in which we surrender our own authority to the five senses and live within the unfree physical body (a prison), we completely forgot such facts about the source of life.

However, just as a child becomes an adult, and just as a planted seed bears fruit, the stage in which we recall the truth of life, freely master our consciousness, and live as members of the Universal God's creative activity is already right before us. This is because, as the providence and law of the universe, the time for the earthly world to come of age will arrive before long. Its preparation is steadily advancing on the spiritual level, and we have come to the point where all that remains is for it to fully unfold into the phenomenal world.

The ones who hold the key to this are the people who pray the Prayer for World Peace. When the awakening of our consciousness—the evolution of consciousness toward divinity—reaches its critical point, a great change will occur on the Earth.

© **Making Use of Physical Laws That Can Also Be Applied to Spiritual Laws**

Lately I have come to think that, in order to realize the completion of world peace on the Earth, it is effective to make use of physical laws that can also be applied to spiritual laws. Even before spiritual laws, among the laws of the material world there are laws that, when applied to the mind, bring immediate effect.

These are such laws as the principle of buoyancy (Archimedes' principle), the path of light (Fermat's principle), and the principle of least action (Hamilton's principle).

If we apply the principle of buoyancy to the mind, then so long as we simply live with a sublime consciousness, the evolution of consciousness proceeds in an instant. If we live recognizing the path of light and the principle of least action, our consciousness advances toward its intended direction by the shortest route.

As for why humanity until now has not made use of such natural laws, it is because people only fretted—'not like this,' 'not like that,' 'what will happen if I do this,' 'would it be bad if I did that'—and did not pour their energy into the efforts needed to evolve.

When we resolve that 'I will now graduate from living as a human being,' pour our energy into 'the practice of awareness of divinity,' and spend each day manifesting the resonance of God in our thoughts, words, and deeds, we can feel its effect sooner than we had expected.

Also, a way of living that pours energy into things we need not think about is a figure that has surrendered the authority of life to 'the habit of biased thoughts'; therefore, simply by earnestly performing the 'Prayer for World Peace, seeing all as a fading-away form,' we can easily get onto the path of evolution, just as the laws prescribe.

© **We Who Are Working Together with the Deities and the Cosmic Angels**

For those who live in such accord with the Universal Truth, not only their Guardian Spirits and Guardian Deities but also the Deities of the Divine World and the Cosmic Angels pour, in response to such mindfulness and conduct, energy that promotes ever greater evolution.

The Deities who share the same aspiration are always working together, transcending the barriers of time, space, and dimension. We are members of those Deities.

That is precisely why, in our days of joining hearts and praying together, we lift one another up, our faults and shortcomings fade day by day, and 'the state of mind of awareness of divinity' deepens.

We are no longer our former selves. Seen from the front or from behind, seen from the outside or from the inside, even when our inner depths are examined thoroughly, we are selves filled with nothing but the resonance of divinity.

On Saturday night, we will make it a time of interconnection in which we, having thus become aware of our divinity, recognize as a matter of course that we are in fact always working together with the Deities of the Divine World and the Cosmic Angels. Those whose schedule permits are welcome to join.

Program for the Day

[Opening Remarks]

SAITO: Hello, everyone. We will now hold the Saturday night special program. As was mentioned in the text of the PDF in the announcement email, today we will make this a time to deepen the felt experience of interconnection—in which we, having become aware of our divinity, recognize as a matter of course that we are in fact always working together with the Deities of the Divine World and the Cosmic Angels. Thank you in advance.

Now, to begin, we will offer the Prayer for World Peace in Japanese and English.

1. Prayer for World Peace

SAITO: Now, let us begin.

Sekai Jin-rui ga Heiwa de ari-masu you-ni.

Nippon ga Heiwa de ari masu you-ni.

Watakushi-tachi no Ten-meï ga mattou sare masu you-ni.

Shugo-Rei-sama, arigatou gozai-masu. Shugo-Jin-sama, arigatou gozai-masu.

May peace prevail on Earth.

May peace be in our homes and countries.

May our missions be accomplished.

We thank you, Guardian Deities and Guardian Spirits.

2. A Time to Deepen the 'Felt Sense of Connection' with the Guardian Deities and Spirits

SAITO: Thank you very much. Next, we will enter a time to deepen the 'felt sense of connection' with the Guardian Deities and Spirits. The first thing I would like to reconfirm is that, when we say 'Guardian Deities and Spirits,' this does not mean only the two Deities, the Guardian Spirit and the Guardian Deity.

First of all, at the closest level, we live within a 'connection with the Guardian Spirit team.' The 'Guardian Spirit team' referred to here means the 'Guardian Spirit group,' which includes the assistant Guardian Spirits and the guiding spirits who work under the principal Guardian Spirit.

Each of us lives watched over and guided by a Guardian Spirit team made up, on average, of about four to seven members. But since we can neither hear their voices nor see their forms, it is also rather hard to feel their presence. All the more so, people who take no interest in the truth of the universe cannot touch even a fragment of their existence.

However, we have been taught that there are guiding spirits who guide our livelihood in this world, and that the assistant Guardian Spirits, the principal Guardian Spirit, and the Guardian Deity exist and guide all matters of our destiny; so, as knowledge, we do know of their existence.

We do know it, but during the time we spend caught in the assumption that 'this physical body is myself,' we spend it in a state of thought that has forgotten the

existence of the Guardian Deities and Spirits. What should we do in order to deepen that state into the consciousness that 'I am always living together with the Guardian Deities and Spirits'?

Those who have actually had the bodily experience of connection with the Guardian Deities and Spirits surely have their own answer; but here I will share something universal, by which anyone can more easily feel the existence of the Guardian Deities and Spirits.

It is to spend the whole day holding gratitude toward the Guardian Spirit, the Deity closest to us. When we think 'We thank you, Guardian Spirits,' and when we speak those words aloud, a deep connection arises with the 'Guardian Spirit team' made up of multiple guiding spirits, assistant Guardian Spirits, and the principal Guardian Spirit.

At that time, whether or not the Prayer for World Peace arises, if we practice sustaining the feeling that 'I am always spending my time together with the Guardian Spirit' and 'We thank you, Guardian Spirits,' our state of consciousness changes completely.

There are expressions such as 'let us spend our days in single-minded gratitude' and 'a life of total gratitude.' When we spend our time continuing 'gratitude toward the Guardian Spirit' around the clock, the felt sense of gratitude—'how thankful I am'—changes into a state of consciousness in which it wells up ceaselessly at any time and in any situation. That state is surely something that quite a number of people have already experienced, is it not?

So today, borrowing the power and energy of those who actually feel the connection with the Guardian Deities and Spirits—the vibration they are already experiencing—I would like to have a time in which everyone participating here shares that felt sense.

Today, we will share that felt sense and bodily experience through the Koto-dama of 'gratitude toward the Guardian Spirit,' the Deity closest to us. The method is simple. At your own pace, until you hear the voice saying 'Hai, arigatou gozaimasu (Yes, thank you),' you repeat the words of gratitude, 'We thank you, Guardian Spirits.'

At that time, just as when you place a strongly magnetic magnet and a weakly magnetic magnet together, the magnetism revives even in the weak magnet, a phenomenon occurs in which the resonance of those who are truly connected with the Guardian Deities and Spirits reaches everyone.

Whether or not the awareness of unity with the Guardian Deities and Spirits arises within these thirty minutes is a separate matter. For some people, the awareness that 'I am one with my Guardian Spirit' surfaces only after many days, or after some time has passed. So, rather than impatiently demanding results, as if making instant ramen on the spot, please make it your aim to make the connection at a deep level certain, and chant together with me the words we are about to recite. Now, let us begin.

Words to repeat: **We thank you, Guardian Spirits.**

3. A Time to Deepen the 'Felt Sense of Connection' with the Deities and the Cosmic Angels

SAITO: Hai, thank you very much. Next, we will move on to a time to deepen the 'felt sense of connection' with the Deities and the Cosmic Angels.

To state the conclusion first: when we enter the state of always working together with the Deities and the Cosmic Angels—the state of consciousness of always collaborating with the beings of heaven—our mind and physical body come to be in a state, sustained continuously, that is expressed by the following words.

What I speak, think and do are only for humanity. Only for the happiness of humanity. Only for the peace of humanity. Only for the awakening of humanity.

Therefore, the words, thoughts and actions I myself have are beyond any selfishness, ego or conflict. They are in themselves, the universe, light, truth, and the existence of God.

As you all know, these are the opening words of the Declaration of 'Humanity is God.' When we spend our time working for world peace together with the Deities and the Cosmic Angels, we can sustain the consciousness of this Declaration all day long, from the time we wake in the morning until we sleep at night.

This is because that very thing is the heart of the Deities and the Cosmic Angels. It is a state in which, precisely because we are living as one, the consciousness of all the Deities and good spirits overlaps with our consciousness and appears interconnected with it.

When we become aware of our divinity, become one with the Guardian Deities and Spirits, and spend our time always praying the Prayer for World Peace seeing all as a fading-away form, then—provided the way we do it is not mistaken—we reach this state of consciousness within a few months to a few years.

Until around 2020, reaching this state of mind was quite a laborious thing; but since entering the 2020s—presumably because spiritual vibrations have spread throughout this world—when anyone earnestly continues to perform the 'Prayer for World Peace, seeing all as a fading-away form,' everyone can now make the consciousness of "What I speak, think and do are only for humanity. Only for the happiness of humanity. Only for the peace of humanity. Only for the awakening of humanity. Therefore, the words, thoughts and actions I myself have are beyond any selfishness, ego or conflict. They are in themselves, the universe, light, truth, and the existence of God." their own everyday consciousness.

This can be said to be a state in which divine consciousness has been revived as a result of earnestly—not by mere inertia—engaging in such things as becoming aware of divinity, the practice of seeing all as a fading-away form, gratitude to the Guardian Deities and Spirits, the Prayer for World Peace, the practice of the Truth of 'I am God, Humanity is God,' the Divine Spark IN, the Thorough Practice of Positive Thinking, and the Gratitude to Nature.

So today, we will carry out a 'trigger practice' for tuning our mind to this state of consciousness at any time.

First, become conscious of relaxed, unhurried breathing. Those who normally breathe in a relaxed, unhurried way, please try to focus your consciousness on that gentle rhythm of breathing. Those who breathe in an unhurried way only occasionally, please consciously try doing 'deep breathing.'

<Deep breathing, about 30 seconds>

Next, take one big breath, hold it, and while your breath is held, please try to read the words on the screen all at once in your mind. I will do it aloud, but please recite it in your hearts.

<While holding the breath, read 'the opening of the Declaration' in the mind (repeat 5 times)>

Now, please settle your breath with a relaxed, unhurried rhythm of breathing. Next, please try to read aloud all at once, as far as you can read in a single breath. If you cannot make a sound, please do it in your mind.

Just as what we think while holding the breath connects with the energy of the Universal God and readily activates the energy of materialization, this is a practice that applies the way in which what we say through in a single breath comes into a state of dense connection with the source of life and is engraved deeply into our consciousness.

Regarding this practice, please never do it alone. Today, many Deities and Cosmic Angels are watching over us, so an arrangement is in place by which the individual ego is restrained and we will never overexert ourselves; but if you do it alone, without a 100% connection with the Guardian Deities and Spirits, you may faint or feel unwell.

Even so, those who absolutely wish to do it alone, please begin with the practice of deepening your breath in your everyday life—until deep breathing becomes your normal breathing throughout your waking hours—and then, as the next stage after cultivating a self that breathes slowly at all times, please try doing it.

To repeat: at a stage where you have not yet reached that point, please do not do it alone. Now, let us begin. You need not try to match my pace. Also, if you cannot say it through in a single breath, it is fine to take a breath in between. Please keep your own pace and do it within a comfortable range. We will set aside time to repeat it several times. Now, let us begin.

<While holding the breath, read 'the opening of the Declaration' aloud (repeat 7 times)>

Hai, thank you very much.

4. Divine Spark IN

KAMATA: Thank you very much, Saito-san. Next, we will perform the Divine Spark IN seven times in a row. Becoming one with the Deities and all the Cosmic Angels, we will send the Universal God's Light to all of nature, all living things, and all of humanity. Also, today, between each formation of the IN, we will set aside 14 seconds of prayer time, so please pray while imagining how the light of the IN wraps the entire Earth, heals everything, and brings about its regeneration.

Now, let us begin. Hai.

We send the Universal God's Light to all of nature, all living beings, and all of humanity.

We send the Universal God's Light to all of nature, all living beings, and all of humanity.

<Form the Divine Spark IN seven times in a row. However, set aside time for prayer between each formation>

<After the IN is finished, close the eyes for 14 seconds and meditate>

TOGUCHI: Hai, thank you very much.

KAMATA: Thank you very much.

5. Touitsu Meditation

KAMATA: Finally, we will perform three and a half minutes of Touitsu. Now, let us begin.

Sekai Jin-rui ga Heiwa de ari-masu you-ni.

Nippon ga Heiwa de ari masu you-ni.

Watakushi-tachi no Ten-meï ga mattou sare masu you-ni.

Shugo-Rei-sama, arigatou gozai-masu. Shugo-Jin-sama, arigatou gozai-masu.

May peace prevail on Earth.

May peace be in our homes and countries.

May our missions be accomplished.

We thank you, Guardian Deities and Guardian Spirits.

That's all.